



410 Kenilworth Ave. | Kenilworth, IL 60043

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**Kenilworth Park District Wellness Alert | CDC COVID-19 Website | IDPH COVID-19 Website**

Dear Kenilworth Park District Families,

The Kenilworth Park District continues to monitor the coronavirus (COVID-19) situation through updates from the Cook County Department of Public Health, the Illinois Department of Public Health, and the Center for Disease Control and Prevention (CDC). Currently, the CDC and the Illinois Department of Public Health have both stated that canceling social events or programs is unnecessary at this time. The CDC also notes the immediate health risk for the general U.S. population is low.

Currently, the guidance for our area is that the best thing the general population can do is to practice “everyday prevention” as detailed on the CDC website:

**CDC RECOMMENDATIONS**

The Kenilworth Park District is currently asking participants to:

- Wash your hands for 20 seconds upon arriving to Kenilworth Park District programs or the Kenilworth Assembly Hall prior to the start of the program or event
- Wash your hands for 20 seconds after participating in any program or event
- Refrain from touching your face and restrict any physical contact with others – e.g. bump elbows or nod your head and refrain from shaking hands
- If you or your child is not feeling well, *please stay home*. Even if you believe to have the common cold, we ask that you please avoid exposing others to illness.

**CDC UPDATES**

As more information is available regarding COVID-19, the CDC modifies its recommendations. For the most up-to-date information and recommendations, please visit these sites:

[CDC COVID-19 Website](#)

[DIPH COVID-19 Website](#)

Any changes to programming or events at the Kenilworth Park District will be communicated using our electronic newsletter and our website.

[Kenilworth Park District Newsletter](#)

[Kenilworth Park District Website](#)

If you have any questions or concerns, please reach out to the Kenilworth Park District Executive Director at (847) 251-1691. Please stay safe and be well!