



# KENILWORTH PARK

## 2018 Fall/Winter Program Guide

# *District*



**Check us out!**

Visit us at [kenilworthparkdistrict.org](http://kenilworthparkdistrict.org) for current and updated information on programs and events.





# Linda Martin Connected to Kenilworth!



Kenilworth Union Church  
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Linda Martin  
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## April Callahan

Licensed Real Estate Broker | Compass

### Local Expertise, National Reach

Fueled by her dedication and love for the local Chicago community, April transformed her passion for buying, selling and renovating homes into a full-time real estate career.

Almost 20 years ago, April made the move into real estate by specializing in the luxury residential real estate market on Chicago's North Shore. She has since devoted her life to helping her clients accomplish their real estate objectives in all aspects of the purchase and sale of their homes.

Before becoming a licensed real estate broker, April received her BA from Tufts University and MBA from the prestigious Kellogg Graduate School of Management at Northwestern. With a tenacious work ethic, she held positions at Xerox Corporation, LaSalle Partners and was a managing director at an international marketing firm (DGA International). Each of these experiences has contributed to her success in real estate by providing a strong foundation in business and marketing.

In addition to her relentless focus on serving her clients, April enjoys renovating and decorating homes and appreciates the architecture and design elements of a home. She has renovated several homes in Illinois and owns investment properties in Boston's South End, Somerville, Wellfleet and Honolulu.

This makes her a perfect fit for a design focused company like Compass. All aspects of real estate have genuinely become her passion and hobbies along with her career.

April has always believed in helping everyone find their place in the world. Since joining Compass, she can live this reality with the cutting edge technology and national power behind her.

April is a licensed real estate broker in Illinois and Massachusetts.





PARK DISTRICT REGISTRATION  
& CONTACT INFO

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HOW TO REGISTER

**REGISTER ONLINE**

Visit us at [kenilworthparkdistrict.org](http://kenilworthparkdistrict.org). On the top, hover or click on the Programs drop down. This drop-down will list all of our programs, events, camps and activities. The link on each individual page will take you to our EZ Register system where you can follow the prompts to complete your registration. Payment is required at the time of registration.

**REGISTER IN-PERSON**

Visit us at the Kenilworth Assembly Hall. We will have paper forms for you to select programs and/or events of your choice. Payment is required at the time of registration.

**PROOF OF RESIDENCY**

You will be required to register with your current address. The instructor has the right to ask for identification when checking participants into the class.

**PARK DISTRICT CONTACT INFORMATION**

Kenilworth Assembly Hall  
410 Kenilworth Avenue  
Kenilworth, IL 60043  
847-251-1691  
[info@kenilworthparkdistrict.org](mailto:info@kenilworthparkdistrict.org)

**STAFF**

Johnathan Kiwala - Executive Director  
Thys Wallace - Recreation Coordinator

**PARK DISTRICT BOARD**

Heidi Higgins - President  
Amy Van Gorp - Treasurer  
Bill Bartholomay - Commissioner  
John Hart - Commissioner  
Elizabeth Duquette - Commissioner  
Tim Simonds - Commissioner

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These local businesses are proud to partner with you and make this magazine possible. Please support these businesses and thank them for supporting Park District Guide!

**CATERING / RESTAURANT**

Apple a Day, Meg's Cafe  
(847) 835-2620  
[AnAppleaDayCatering.com](http://AnAppleaDayCatering.com)

**CHURCH**

Kenilworth Union Church  
(847) 251-4272  
[kuc.org](http://kuc.org)

**DOCTOR - DIGESTIVE HEALTH**

Endoscopy Center of the North Shore  
(847) 256-1855  
[ginorthshore.com](http://ginorthshore.com)

**FITNESS EQUIPMENT**

Fitness Warehouse  
(847) 441-8440  
[fitnesswarehouseonline.com](http://fitnesswarehouseonline.com)

**OB / GYN WOMEN'S HEALTH**

North Shore Associates  
(847) 425-1224  
[nsago.com](http://nsago.com)

**REAL ESTATE AGENT**

April Callahan - Compass  
(847) 971-7273  
[compass.com](http://compass.com)

Linda K Martin - Coldwell Banker  
(847) 275-7253  
[LiveAndPlayNorthShore.com](http://LiveAndPlayNorthShore.com)

Mawicke Group - @properties  
(847) 917-7345

**RESTAURANT**

Nick's Neighborhood Bar & Grill  
(847) 251-3262  
[nickswilmette.com](http://nickswilmette.com)

**SEASONAL CONTAINER GARDENS**

Potted Deux  
(312) 925-5834  
[potteddeux.com](http://potteddeux.com)

**TAXI SERVICE**

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## *Letter* FROM PARK DISTRICT

There are lots of exciting things happening inside Assembly Hall, with new programs and groups using our space. An integral part of the Kenilworth Park District's mission is to promote community engagement and special events. Please think of us for your next party, wedding, corporate retreat or holiday event. Our new website has a link for easy reference and referral to friends and business partners about all our amenities and rental rates. Go to [kenilworthassemblyhall.org](http://kenilworthassemblyhall.org), click on Events --> General Information. On the sidebar you will see a link to the Wedding and Events Guide PDF which has details on pricing and features of Assembly Hall.

Don't forget to check out our liquor packages that will allow not only for a wider variety of unique events offered, but will also help raise funds for maintaining our beautiful space ([kenilworthassemblyhall.org](http://kenilworthassemblyhall.org) --> Our Space --> Liquor Packages PDF in sidebar).

Make sure to sign up for our e-newsletter for more information about our Music at the Hall series and future events. We are always expanding our offerings and looking for new ways to promote our events held in our historic building. Please email your suggestions to [events@kpdistrict.org](mailto:events@kpdistrict.org).

Looking into the future, we want to not only maintain one of Kenilworth's most unique buildings and event spaces, but also make Assembly Hall shine and stand out. We are proud to be a part of the legacy that is Assembly Hall and wish nothing more than to make it stronger for generations to come.

Sincerely,  
***Kenilworth Park District***



after school care programs

# Cubs Care & Just for Fun After Care

2018-1019 SCHOOL YEAR

The Kenilworth Park District and Joseph Sears School have your after-school care covered with Cubs Care for children from Kindergarten to 6th grade.

**Just Fun Extended Day** is an after-school care program where children will have a great time playing games, doing their homework, and hanging out with their friends. Our instructor will plan fun activities for your child every day. They will remain inside the safe environment of Joseph Sears School.

## Times

Monday - Friday  
3:30PM - 5:30PM  
Or  
3:30PM - 6:30PM

## Ages

Kindergarten - 6th

## Registration

To sign up and reserve your spot for the 2018-2019 School year, please visit

our website **KPDCubsCare.org!** Sessions are divided by trimesters. You can choose to send your child to Cubs Care for as little as 2 days a week or sign them up for all 5! You can also register in person at the Park District main office located at 410 Kenilworth Avenue in Kenilworth.

## Day of Care

Sudden changes to your schedule? Don't worry, we are here to help! Please alert the Park District at least 24 hours prior to the day of Cubs Care. Additionally, if you have not registered for either Cubs Care or Just Fun Extended Day previously, all waivers and registration forms must be completed prior to your child attending.

## "No School Day" Care

The Park District will be offering programming for days when Joseph Sears School is not in session. More information will be available soon.

## Marla's Lunches

Looking for your child to have a nutritious snack for Just Fun Extended Day? Marla's lunches is a proud sponsor and would love to help! Sears Parents who already have a Marla's account, can create an additional snack order that your child will receive with their lunch delivery. They can then pack that snack away and have it for the afternoon!



Trimester Dates	
1st Trimester	Sept 4, 2018 - Nov 30, 2018
2nd Trimester	Dec 3, 2018 - March 8, 2019
3rd Trimester	March 11, 2019 - June 10, 2019

Trimester Rates 3:30PM - 6:30PM	
5 Days a Week	\$1,660
4 Days a Week	\$1,425
3 Days a Week	\$1,160
2 Days a Week	\$925
Drop In	\$40/day

Trimester Rates 3:30PM - 5:30PM	
5 Days a Week	\$1,260
4 Days a Week	\$1,125
3 Days a Week	\$960
2 Days a Week	\$825
Drop In	\$35/day

Cubs Care & Just Fun Extended Day follow the Joseph Sears School calendar

Register today by visiting [KPDCubsCare.org](http://KPDCubsCare.org)



Kenilworth  
PARK DISTRICT

## BASKETBALL League & Clinic

### Basketball Skills Clinic

Our basketball skills clinic prepares boys and girls from Kindergarten to 8th grade with fundamental skills in preparation for league play. Each week focuses on a different skill and every class ends with a scrimmage where teamwork and communication will be the focus.

Sundays for 5 weeks starting November 11th  
10AM-11AM

Location: Joseph Sears School Gym

Ages: K-8th (players will be divided by age and skill level)

Cost: \$20 per session or \$90 for all 5 sessions

For more details check out the Basketball Clinic section in our program guide.

### BASKETBALL LEAGUE

The league is designed to help players get accommodated to 5-on-5 game play. Along with league play there will be clinics to help players develop

their game in a fun atmosphere. Medals and trophies will be awarded and players will walk away with a better understanding of the game and more confidence.

### House League Evaluations

Date: January 5, 2019

Time: 10:00AM to 11:30AM - Kindergarten and 1st Grade

11:30AM to 1:00PM - 2nd and 3rd Grade (players will be divided in age and skill level)

### League Play

Dates: January 13 to March 17, 2019

### Clinic and Practice

Time: 8:00AM to 9:00AM - Kindergarten and 1st Grade

9:00AM to 10:00AM - 2nd and 3rd Grade

Location: Joseph Sears School Gym

### Games

10-11am Kindergarten/1st

11-12pm 2nd/3rd Grade

12-1pm 2nd/3rd Grade

1-2pm 2nd/3rd Grade



Cost: \$375 Includes 1 IHSA referee per game, 1 Reversible game jersey per player, Clinic days before each league game - run by H4H staff, 1 Score-keeper per game, evaluation for teams and Medals and Trophies.

### Volunteer Coaches Needed!

The Basketball League program runs with the help of volunteers! If you are interested in coaching a team, please contact the Kenilworth Park District at [twallace@kpdistrict.org](mailto:twallace@kpdistrict.org) or call 847.251.1691

For more details check out the Basketball League section in our program guide.



# FALL/WINTER PROGRAMS

For updated information or to register, visit [KenilworthParkDistrict.org](http://KenilworthParkDistrict.org).



## CHICAGO LOVES DANCE

Hip Hop and Breakdance

**Dates:** Wednesdays - September 5 to November 28, 2018 (11 classes)

No class - 09/19 and 11/21

**Tri 2** Wednesdays - December 3 to March 8, 2018 (12 classes)

**Tri 3** Wednesdays - March 11 to June 10, 2019 (12 classes)

**Time:** 3:30 PM to 4:30 PM - K-2nd Grade

4:30 PM to 5:30 PM - 2-6th Grade

**Fee:** \$210.00

**Location:** The Village House  
640 Ivy Court, Kenilworth, IL 60043

Under the creative direction of skilled Chicago Loves Dance break dancers, students will learn choreography and poses, show off their creativity in free-style sessions and more. Chicago Loves Dance runs on the philosophy that dance should open your child's creative abilities and be FUN! We pride ourselves on teaching the self-esteem and socialization needed in everyday life through the activity of dance and performance. The last day of the class will be a parent watch day where they will do a short performance to show off their new talents.

## BIT SPACE

**Bytes - Virtual Worlds and Video Games**

Start/End Dates: **Tri 1** 9/18 - 12/11 (13 weeks)

**Tri 2** 12/3 - 03/08 (12 weeks) - fee will be adjusted

**Tri 3** 03/11 - 06/10 (11 weeks) - fee will be adjusted

Day: Tuesdays

Time: 3:30 PM - 5:00 PM

Cost: \$589.00

Age: 2nd Grade to 8th Grade

In our Bytes class, students will start out with a crash course in computer basics. From there, they will learn how to design virtual 3D worlds and create their own video games using the Unity 3D game development platform.

## About Bit Space

Bit Space is Chicagoland's premier youth-only maker lab--a place where kids ages 6+ can learn to use real tools to build real things. Kids work with our guides to learn how to use hand tools, power tools, electronics, robotics, 3d printers, laser cutters, CNC milling machines, computer modeling and design software, computer game development software, virtual reality, and new media to design and build just about anything. We try to live up to our goal of inspiring and guiding the next generation of inventors, entrepreneurs, and problem solvers by teaching children to be producers rather than consumers of technology. Our guides are experts from the fields of architecture, design, engineering, and computer programming. Bit Space offers after-school classes, day-off camps, birthday parties, and summer camps. We've been in the Lincoln Square neighborhood of Chicago for three years, and we just opened our second location in Wilmette in the spring of 2017.

## BASKETBALL - SKILLS CLINIC

**Boys & Girls**

This clinic is designed to help get players ready for the Kenilworth park district league and help them understand the game more. Each session will focus on a variety of skills, and games to better help each player learn the game and continue to grow their game. There will be a focus on skill development, teamwork, and communication. We want each player to leave this clinic with a better understanding and skill set for the game.

**Dates:** Sundays - 11/11, 11/18, 12/2, 12/9 and 12/16

**Week 1 (11/11): triple threat stance and utilizing jabs and pivots and jump stops!**

**Week 2 (11/18): shooting, finishing at the basket (layups)!**

**Week 3 (12/02): dribbling, passing, and combo moves!**

**Week 4 (12/09): defense, toughness, and rebounding!**

**Week 5 (12/16): game play and contest**

**Location:** Joseph Sears School Gym

**Time:** 10:00 - 11:00 AM

**Ages:** K-8th Grade

(players will be divided in age and skill level)

**Cost:** \$20 per session or \$90 for all 5 sessions.



## BASKETBALL LEAGUE

### League Information

This league is designed to help players get accommodated to 5 on 5 game play. Throughout the league there will be clinics as well to help each player continue to develop their game. Players will learn to play in a team atmosphere. Through game

play and clinics each player will learn and continue to learn key skills to continue to grow their game. The league will be played in a fun atmosphere with medals and trophies. We want each player to walk away from this league with a better understanding of the game and more confidence.



## House League Evaluations

Dates: January 5, 2019

Time: 10:00AM to 11:30AM - Kindergarten and 1st Grade

11:30AM to 1:00PM - 2nd and 3rd Grade

(players will be divided in age and skill level)

Location: Joseph Sears School Gym

Cost: \$375

Includes 1 IHSA referee per game, 1 Reversible game jersey per player, Clinic days before each league game - run by h4h staff, 1 Scorekeeper per game, Evaluation for teams and Medals and Trophies.

## Kenilworth Park District League

Dates: January 13 to March 17, 2019

## Clinic and Practice

Time: 8:00AM to 9:00AM - Kindergarten and 1st Grade

9:00AM to 10:00AM - 2nd and 3rd Grade

## Game Schedule

**Game 1 10-11am Kindergarten/1st**

**Game 2 10-11am Kindergarten/1st**

**Game 3 11-12pm 2nd/3rd Grade**

**Game 4 11-12pm 2nd/3rd Grade**

**Game 5 12-1pm 2nd/3rd Grade**

**Game 6 12-1pm 2nd/3rd Grade**

**Game 7 1-2pm 2nd/3rd Grade**

**Game 8 1-2pm 2nd/3rd Grade**

## Volunteer Coaches Needed!

The Basketball League program runs with the help of volunteers! If you are interested in coaching a team, please contact the Kenilworth Park District at [twallace@kpdistrict.org](mailto:twallace@kpdistrict.org) or call 847.251.1691





ROBOTHINK

Learn to build robots!

**Dates:** Fridays, September 7 - November 30, 2018 (11 weeks)  
No class 10/19 and 11/23  
Tri 2 – Mondays, December 3 – March 8, 2019 (10 weeks)  
Tri 3 – Mondays, March 11 – June 10, 2019 (11 weeks)  
**Time:** 3:30PM to 5:00PM  
**Age:** 5-12 years old  
**Fee:** \$280 - Resident  
\$285 - Non Resident  
**Location:** 640 Ivy Court

At RoboThink, we believe that early exposure to STEM education is critically important to prepare children for a fast-changing, digital world. We invest heavily in research and developing new STEM products, curriculum and teaching methods to make sure that learning about STEM is fun, easy and educational. We sincerely hope to inspire students to pursue professional or enthusiast paths in STEM-related fields.

We believe the best method to learning is a step-by-step approach. By breaking down concepts into manageable chunks, students’ progress at a comfortable pace while developing self-confidence. Our staff of engineers and teachers are constantly updating the curriculum with new and innovative ways to make learning about STEM easier and fun.

**Tri 2** December 3 to March 8, 2019  
**Tri 3** March 11 to June 10, 2019  
**Location:** 410 Kenilworth Ave  
No class on 11/6 and 11/13  
Please note that all Saturday sessions are at the Village House (640 Ivy Court)  
**Ages:** 9 to 15  
**Fee:** Beginning / Novice Karate  
\$150 Resident  
\$165 Non-Resident

Intermediate / Advance Karate  
\$175 resident  
\$185 non resident



Beginning / Novice Karate

This class will teach the fundamentals of traditional Karate with specific emphasis on developing the core components (speed, timing, conditioning, flexibility, and core body strength) for developing advanced Karate techniques and multi-sport cross training. This class will provide the basic elements for advanced sport Karate which will debut in the 2020 Olympics in Tokyo, Japan.

Intermediate / Advance Karate

This class will be taught in a training camp style for competition level athletes. The class will focus on developing not only power and effective traditional Karate techniques but maximize athletic training for speed, timing, core strength, agility, flexibility and conditioning. This program will lay the groundwork for local, regional, national and international level sport Karate and workouts will be in coordination with other local top competition focused clubs.

KARATE

**Dates & Times:** September 4 to November 27, 2018

Beginning/Novice Karate Class - Tuesdays: 4:15PM to 5:00PM  
Intermediate/Advanced Karate - Tuesdays: 5:00PM to 6:00PM and Saturdays 4:00PM to 5:00PM

**Instructor:** Sensei Jack Pressman  
Former Captain, USA National Karate Team; Vice Chairman, National Coaching Staff  
(Under the U.S. Olympic Committee National Governing Body for Karate)

MARY POPPINS JR.

Children’s Theater

**Ages:** 7–12-year-old Boys and Girls  
**Cost:** \$310.00  
**Dates: Wednesdays,** September 5th - December 12th  
(No Class: 9/19, 10/31, 11/21)  
**Times:** 5:15pm-7:15pm

Join your favorite practically perfect nanny on center stage. This *Supercalifragilisticexpialidocious* adventure is sure to be all the rage. Skyline Studios and The Kenilworth Park District present Mary Poppins Jr. this fall. Sign up now if you love to act, dance, sing, and have a ball. All it takes is *A Spoonful of Sugar* and a little *Chim Chin Cher-ee* for you be the star you always dreamed you could be!

Each cast member will receive a rehearsal CD and script for practice at home. All actors involved in Broadway Stars will have a chance to practice and perform on stage at the Kenilworth Assembly Hall.



YOUNG REMBRANDTS

**Dates:** Thursday, December 3 to March 8, 2019 (12 weeks)  
Tri 3 March 11 to June 10, 2019 (11 weeks)  
**Ages:** 5 to 12  
**Time:** 3:30PM to 4:30PM - Grades K-2  
4:30PM to 5:30PM - Grades 2-6  
**Location:** 640 Ivy Court  
**Fee:** \$186.00

Elementary Drawing classes are designed to teach basic to advanced drawing skills, art techniques and vocabulary. We teach our budding artists the skills to express their creativity, and believe that all children can - and should - learn to draw. All materials are provided. NEW LESSONS EACH WEEK!



Spanish Amigos

**Where:**  
Village House  
640 Ivy Court,  
Kenilworth  
**When:** Fridays, December 7, 2018 to March 8, 2019  
**No Class:** 12/28, 1/4, 2/15 and 3/1  
Fridays, March 15, 2018 to May 31, 2019  
**No Class:** 3/29 and 4/19  
**Time:** 3:30PM - 4:30PM  
**Ages:** Kindergarten - 5th Grade  
**Price:** \$198.50 (10 Weeks!)



Learning Spanish is as easy as uno, dos, tres! In After school Amigos Spanish club, children will learn numbers, colors, shapes, greetings, days of the week and more. We will be singing, clapping, and counting our way towards learning the Spanish language. Each child will receive a participation award.



**GUITAR STARS**

**Where:** The Village House  
640 Ivy Court, Kenilworth  
**When:** Fridays, December 7, 2018 to March 8, 2019  
**No Class:** 12/28, 1/4, 2/15 and 3/1  
Fridays, March 15, 2018 to May 31, 2019  
**No Class:** 3/29 and 4/19  
**Time:** 3:30PM - 4:30PM  
**Ages:** 1st - 8th Grade  
**Price:** \$255.50 (8 Weeks!)  
**Equipment:** Bring your own guitar

Learning to play the guitar is fun! In after school Guitar stars, the children will learn the fundamentals of guitar playing, including holding the guitar and pick, proper fret-hand finger position, sight reading, playing by ear, and playing basic songs. Also, as the children progress, they will have the opportunity to test for “Guitar Belts”, a fun motivational system patterned after martial arts. Each child will receive a participation award and guitar-related prizes. GUITAR REQUIRED. A basic inexpensive guitar can be purchased through Amazon.com by searching for First Act FG127. If you need information on purchasing a guitar, call John Suits 773-286-2941

**MAGIC CLASS**

**Magic by Gary Kantor**

**Dates:** October 4, November 13 and January 22, 2019  
**Time:** 5:00 PM to 5:55 PM  
**Age:** 5-12  
**Cost** \$25 per class  
Each child receives a magic kit to take home.  
**Location:** 540 Hibbard Rd, Winnetka

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks from the “Magic Team of Gary Kantor”! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Additionally, you can sign up for this class again and again since brand new tricks are always taught at each session!  
Instructor: Magic Team of Gary Kantor

**NO SCHOOL DAY**

**Schools Out Sports Day!**

**Dates:**  
1/2 Day - 10/19/2018  
Full Day - 10/18/2018  
Full Day - 11/21/2018  
1/2 Day - 11/23/2018  
1/2 Day - 01/15/2019  
1/2 Day - 01/18/2019  
Full Day - 01/21/2019  
**Time:**  
Half Day – 9:00AM to 12:00PM  
Full Day – 9:00Am to 3:00PM  
**Location:**  
The Village House  
640 Ivy Court

**Half Day**

Come join us for a recreational sports day! Soccer, basketball, floor hockey, dodgeball and Capture the Flag and flag football will be our featured sports. This camp is a fun and active day of sports for all skill levels. We will have a short snack break so please have your players pack a snack.



**Full Day**

Soccer, basketball, floor hockey, dodgeball and Capture the Flag and flag football skill-building games will be our featured in the morning. The afternoon is all game time! Players will form teams to compete in tournament style play. This camp is a fun and active day of sports for all skill levels. We will have a morning and afternoon snack break and lunch break so please have your players pack a snack. Parents provide lunch.



**ETIQUETTE 101 CLASS**

**Where:** Kenilworth Assembly Hall  
410 Kenilworth Ave  
**When:** Thursday, November 8, 2018  
**Time:** 5:00PM - 6:30PM  
**Ages:** 7-12 (Seating is limited to 25 students)  
**Price:** \$115.00

Students will learn dining etiquette and table manners during a multi-course lunch of soup, salad, main entree and dessert. A full range of age-appropriate social etiquette skills will also be taught, such as first impressions, introductions, conversation skills, cell phone etiquette, thank you notes and respectful behavior at home and in public.



**ICOOK AFTER SCHOOL**

**Where:** Kenilworth Assembly Hall  
410 Kenilworth Ave  
**When:** Monday Afternoons  
**Time:** 3:30 - 4:30PM OR 4:30 - 5:30PM  
**Dates:** September 10 to November 26, 2018  
**Tri 2** December 3 to March 8, 2019  
**Tri 3** March 11 to June 10, 2019  
**No Class:** October 1st, October 8th and November 12th  
**Grades:** K-4th Grade  
**Price:** \$215.00  
(Includes all materials & ingredients for two recipes for each class)  
**Min/Max:** 7/20 with 2 instructors



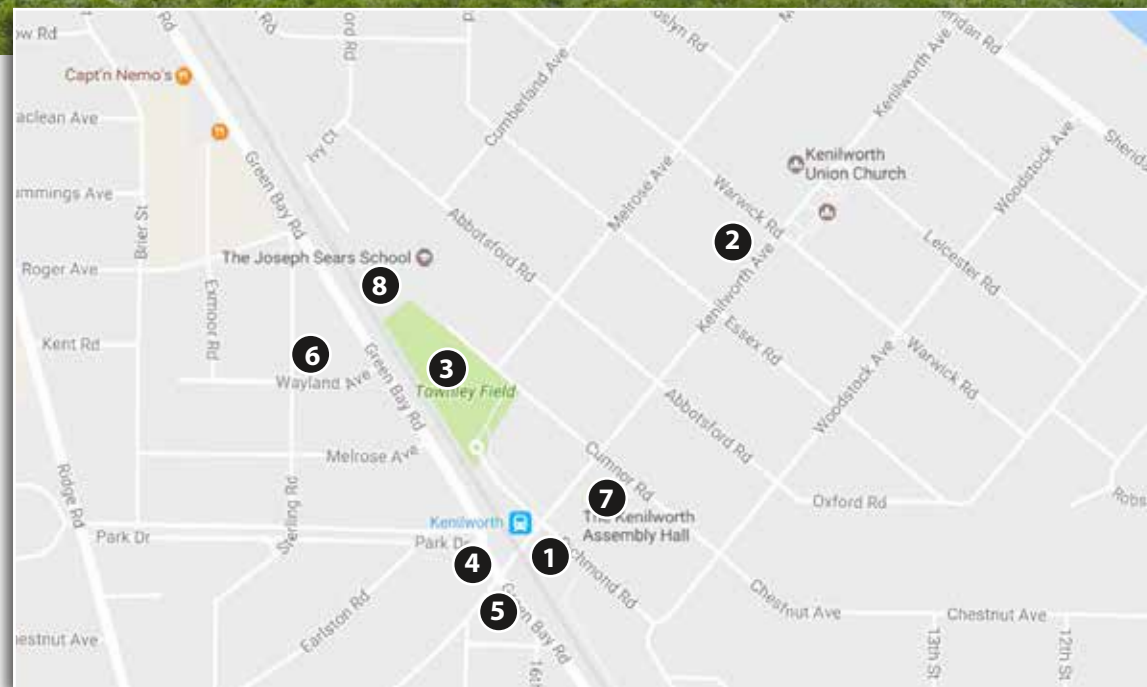
**ULTIMATE BODY BLAST**

Dates: September 3 to November 2, 2018  
November 5 to December 21, 2018  
January 2 to March 29, 2019  
Days: Monday, Wednesday and Friday  
Times: 8:30 AM to 9:30 AM  
Ages: 16 and older  
Location: Kenilworth Assembly Hall  
Cost: Purchase a punch card and use it whenever you want!  
\$100 for 10 classes (resident)

The absolute best way to avoid an exercise rut and build strength and stamina is to keep your body in a state of shock. We designed our signature Body Blast class to do just that. This class combines strength, core, cardio and athletic training, and often includes high-intensity boxing routines used by the pros. Our trainers are skilled in tailoring the program to each participant, so while you are working out in a group, you’re training at your own speed and intensity. Ultimate Body Blast is always changing and always challenging!



# MAP & PARK DISTRICT FACILITIES



## PARK DISTRICT PROPERTIES

- |                             |   |
|-----------------------------|---|
| 1. Centennial Park          | S/W corner of Kenilworth Ave and Richmond Rd  |
| 2. Ware Park                | N/W corner of Kenilworth Ave and Warwick Rd   |
| 3. Townley Field            | N/W corner of Cumnor Rd and Melrose Ave       |
| 4. North Park               | N/W corner of Green Bay Rd and Kenilworth Ave |
| 5. Maggi Park               | S/W Corner Green Bay Rd and Kenilworth Ave    |
| 6. Pee Wee Park             | N/E corner of Sterling Rd and Wayland Ave     |
| 7. Kenilworth Assembly Hall | 410 Kenilworth Ave                            |
| 8. Village House            | 600 Ivy Ct                                    |



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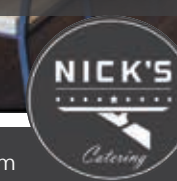
## EAT



## DRINK



## GATHER



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**Kenilworth Union Church**  
A Christian nondenominational community church

All are welcome every  
Sunday morning!

8 a.m. Worship with Communion  
9 a.m. Worship for All Ages\*  
10:30 a.m. Traditional Worship\*

\*Children's programs, toddler, and infant care provided

211 Kenilworth Avenue  
Kenilworth Illinois | [kuc.org](http://kuc.org)



# KENILWORTH PARK DISTRICT POLICIES

*WHO IS A KENILWORTH RESIDENT?*

Anyone living within the geographic boundaries of the Kenilworth Park District is considered a resident. Outside of the Kenilworth Park District geographic boundaries, this privilege is also extended to Kindergarten through Grade 8 students living in the geographic boundaries of Joseph Sears Public School District 38. Parents of these children are not eligible for resident fees. Kenilworth residents make financial contributions to the Kenilworth Park District through property taxes.

*CANCELLATIONS, REFUNDS*

The Kenilworth Park District reserves the right to cancel, postpone, or combine classes, or change instructors. If insufficient enrollment causes a class to be canceled, notification will be given and full tuition refunded. Withdrawals prior to the start of class receive a full refund. A prorated refund will be issued for withdrawals after classes begin. Summer Camps and Sports Leagues have separate refund policies.

*NORTHERN SUBURBAN SPECIAL RECREATION ASSOCIATION. (NSSRA)*

The Kenilworth Park District is a partner with the Northern Suburban Special Recreation Association (NSSRA). Formed in 1970, NSSRA is an extension of ten park districts, two cities, and one village in the northern suburbs of Chicago. NSSRA provides and facilitates year-round recreation and leisure opportunities for people with disabilities.

NSSRA believes that everyone should have the chance to try something new. This may mean you participate in one of their 800+ annual programs, or you may participate in one of Kenilworth's programs paired with an NSSRA inclusion companion at your side. For more information, visit [www.nssra.org](http://www.nssra.org) or call 847-509-9400.

*INCLUSION PROGRAMS*

Kenilworth Park District works closely with NSSRA to enable inclusive recreation. NSSRA can provide accommodations in the form of extra staff, behavior management support, and disability awareness training to ensure successful recreation experiences for children and adults with disabilities. For more information on inclusion services or to make arrangements for accommodation, call the Kenilworth Park District at 847-251-1691.





## KENILWORTH ASSEMBLY HALL *rental*

Since 1907, it has been the dream of famed architect George W. Maher to see his building used as a space for the community to come together and create unity.

At the Kenilworth Assembly Hall, we are destined to provide our rental hosts with a charming venue commencing any type of celebration. We invite you to explore our venue and let us help you plan the perfect day. The Kenilworth Assembly Hall offers many amenities including space options for ceremonies, cocktail hours, receptions, birthday parties, celebrations, benefits and fundraisers. We all offer packaging options for a Vendor Coordinator to assist you in the planning process resulting in a seamless event.

Visit us at our website [www.kenilworthparkdistrict.org](http://www.kenilworthparkdistrict.org) to fill out an inquiry form.



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# HOLIDAY *Festivities*

.....  
*at the Kenilworth Assembly Hall*  
.....

Sponsored by  
the Kenilworth  
Park District &  
Kenilworth Club

*Saturday, December 1, 2018*

**4PM** Come meet Mr. and Mrs. Claus at the Kenilworth Assembly Hall. Get pictures taken for the little ones!

**6:15PM-Dusk** Join the Kenilworth Community for the annual tree lighting and caroling around the Kenilworth Fountain!

**6:35PM** Holiday Market, Food and Activities!  
– Join us in the Kenilworth Assembly Hall after the tree lighting for some additional festivities! Vendors will be set up for you to take a look at last minute gifts for friends and family. Enjoy cookies and friends beside the fireplace and celebrate the holidays!

H. Jacob Saleh, MD  
DIPLOMATE, ABOG  
FACOG, FACS

Pamela J Goodwin, MD  
DIPLOMATE, ABOG  
FACOG

Gail Goldberg, MD  
DIPLOMATE, ABOG  
FACOG

Kim M Johnson, MD  
DIPLOMATE, ABOG  
FACOG

Jean W Ruth, MD  
BE, ABOG

Debora Lesnick, CNM  
CERTIFIED NURSE MIDWIFE

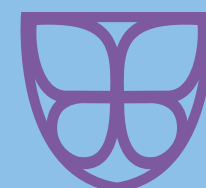
Gaye Koconis, CNM  
CERTIFIED NURSE MIDWIFE

Barbara Z Minnich, CNM  
CERTIFIED NURSE MIDWIFE

Sarah Sumagin, CNM  
CERTIFIED NURSE MIDWIFE

Mary Rigoni, CNM  
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